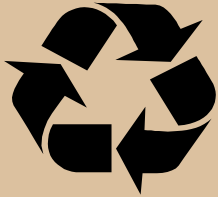


WMU RECYCLES!

Fall 2003

Recycling and Waste Reduction Services



Recycling Can \$ave You Money!

Do budget cuts and never-ending bills have you searching for ways to save money? You may not have to look very far at all! Here are some ideas that can be used at home or the workplace. Remember, the little things make a big difference:

- \$ Start reading magazines and newspapers on-line instead of buying a subscription.
- \$ Save paper and plastic bags for use as garbage can liners.
- \$ Rent or borrow infrequently used items such as carpet cleaners and card tables – this is a great idea during the holiday season.
- \$ Use narrow ruled notebooks so you won't have to buy as many.
- \$ Reuse sandwich baggies, plastic utensils, and other lunchtime accessories or, better yet, use durable items that are washed and reused.
- \$ Reduce your monthly energy bills by turning computers off for the night and utilizing the stand-by mode during the day.
- \$ Borrow videos from your public library instead of renting or buying. They're free and aren't due back the very next day!

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Another Successful Spring Move-Out

This past April, thousands of WMU students packed up whatever they had collected during their year in the residence halls and campus apartments, and moved out for the summer. Anything that wasn't worthy of being relocated stayed behind. To collect all of the leftovers, Recycling & Waste Reduction Services provided containers so that students could donate their "trash" to the Kalamazoo Deacon's Conference (KDC). Not only did this benefit the needy of Kalamazoo, but it also meant less move-out material was being thrown away. After all the items were weighed, WMU students had donated 3,751 lbs. of food, 1,962 lbs. of clothing, as well as 866 lbs. of toiletries and other items. All 6,579 lbs. were taken to the KDC to help those in need. Among the items left behind were microwaves, pillows, ice skates, lamps, sleds, and a dresser. Imagine the waste if all of these things and more had been thrown away! Just another example of how one person's trash is another's resource. Thanks to all of the students who participated. Great Job!

Recycling and Waste
Reduction Services
Tel: (269) 387-8165
www.pp.wmich.edu/rs

WESTERN MICHIGAN UNIVERSITY

VOLUME 9, ISSUE 2

**Congratulations
to Bowling
Green State
University,
winner of
Recycle Mania
2003!**

WMU finished in 6th place this year, with high hopes for the next competition. After collections and calculations, numbers showed that the residence halls recycled 24% of their waste. Way to go, Broncos! Let's get that number even higher!



Mark your calendar for November 15th!

The big football game against our rivals from CMU isn't the only thing to look forward to.

November 15th marks the Seventh Annual America Recycles Day. Look for event and activity announcements, as well as ways that you can get involved in the celebration.

Make every day America Recycles Day!

See www.americarecyclesday.org for more information.

Think Before You Buy

Did you know that it is possible to start recycling even before you buy a product? It may be confusing, but it's really quite easy. Precycling is most effective when done at the consumer level and involves being a conscious shopper. When it comes to packaging, LESS IS MORE! Look for products that are sold in bulk or have minimal packaging, and your household or workplace waste will be greatly decreased. Another common precycling method is choosing refill-able or durable products. Disposable razors, microwave meals, and other one-time use products seem convenient but do not last long and will soon pile up in your garbage. By thinking ahead and keeping the recycling process in mind, you can be an active precycler!

How Does My Paper Recycling Bin Get Emptied?

Have you ever wonder what happens to all of the paper that ends up in the tall yellow or blue recycling bins? Although it may seem like it all disappears, the collection and disposal is actually the job of a student employee that works for Recycling & Waste Reduction Services. Assigned to several different buildings, the students have a pick-up schedule that they follow each semester based on the needs of the building and their own class schedules. Their job includes collecting the tall bins and transferring whatever paper may be inside to a recycling dumpster outside or nearby the building. This is not an easy job, but your help can make it much easier on the students. Please dump the contents of the smaller bins into the tall ones before they are collected so that the students can move quickly through the building. Also, anything that may be too heavy to lift such as stacks of magazines or catalogs, should be placed in a box, clearly labeled for recycling, and set near the tall yellow or blue containers. A general rule of thumb is that if you cannot lift it above your head, it is probably too heavy to be put into the bins. Anything that you can do to help recycling on campus is appreciated.

We're Going High-Tech!

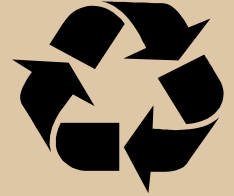
In order to help reduce the amount of paper on and around campus, we will be distributing WMU Recycles! electronically. The next issue, Spring 2004, will be available only on our website at www.pp.wmich.edu/rs. If you would rather receive a hard copy via the mail for posting purposes or simply because you prefer it, please call **387-8165** or send an email to carolyn.noack@wmich.edu in order to make a request.



WMU RECYCLES

RECYCLABLE PAPER

- BUSINESS CARDS
- CARDBOARD (Corrugated and cereal box-type)
- CATALOGS (Paperback ONLY)
- COMPUTER PRINTOUTS
- COPIER AND FAX PAPER
- FILE FOLDERS
- JUNK MAIL
- MAGAZINES AND JOURNALS
- NEWSPAPER
- OFFICE STATIONARY
- PAD AND TABLET PAPER
- POST-IT NOTES



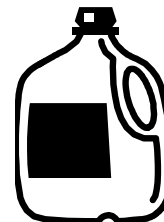
POLYSTYRENE FOAM - contact R&WRS for pick-up

- CUPS AND PLATES
- FURNITURE, APPLIANCE,
AND COMPUTER PACKAGING
- TAKE-OUT CLAMSHELLS
- MEAT TRAYS
- EGG CARTONS



CONTAINERS

- PLASTIC BOTTLES (#1 & #2)
- MILK JUGS
- DETERGENT BOTTLES
- SALAD DRESSING BOTTLES
- WATER BOTTLES
- SHAMPOO BOTTLES
- FOOD CANS
- ALUMINUM FOIL
- BEVERAGE CANS
- PIE TINS
- GLASS BOTTLES AND JARS
(green, brown and clear)
- METAL JAR LIDS

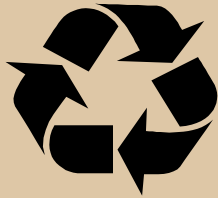


OTHER RECYCLABLES - contact R&WRS for collection information

- BATTERIES
- EMPTY AEROSOLS
- TONER CARTRIDGES
- SCRAP METAL
- INKJET CARTRIDGES
- CLOTHING
- CELL PHONES



Did you know....
recycling an aluminum
can saves enough
energy to run a
television set for 3
hours?



Did you know....
every Sunday,
Americans waste
nearly 90% of
recyclable newspa-
pers? That equals
about 500,000 trees!

Recycling the *Western Herald*

Our campus is lucky enough to be provided with a daily news source such as the *Western Herald*. While the papers are distributed around campus for the convenience of students and staff, it is the responsibility of all readers to make sure that they are properly disposed. Reading the *Herald* articles while waiting for a class (or even during one) is an everyday occurrence. There is usually a good chance that a few papers will be laying around in classrooms and even in the hallways. Pick those up to read instead of grabbing a brand new one from the stack. When you have read enough, pass the paper on to others, put it back in the designated *Herald* racks, or drop it in the nearest recycling bin. Another idea is to read the *Herald* online! Even the little things make a difference.



Extra Phonebooks?

After the recent July 2003 delivery, does your department or office have an extra phonebook or 12? If so, contact Joan Johnson by dialing 0 from any campus phone. Inform her that you received too many and would like the extras to be picked up. Also, request that the amount ordered for your department be reduced for next year. It is much easier to reduce our waste before it is generated than it is to deal with it later.

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